

Zǎkku!!

[zah-koo]

The Art Of Being Alive A Journey through Heart, Mind & Memory

With **Jovin Montanaro**

*“Bringing 40 years of teaching, life coaching
and deep interpersonal exploration.”*

Starting Sunday April 27th!!

(Free classes – Sunday 6:30pm – 8:00pm,

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Zǎkku!! [zah-koo] 1 To call out, arouse, awaken,
challenge.

2: Speaking with great passion, strength. 3: To share
joyfully.

4: To roar.

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“In this seminar, my goal is to assist you in having a
transformative experience. To give you a chance to safely look
out over the abyss and see what is possible. For you, I want
nothing less than complete freedom of self-expression.”

Please visit our website - zakkuspeak.com
323 437 4220

Three pillars of life, Heart, Infinite Mind and Memory. Join Jovin Montanaro as he unifies these elements using dynamic exercises, one on one coaching and guided meditation. We are each a tapestry of beliefs; feelings,

strengths, judgments, desires and self imposed limitations. The heart is capable of unlimited love yet we succumb to fear and withhold love from ourselves and others. The infinite mind is self-awareness, joy and participation but too often our sight is clouded. Memory is complex and deep within our subconscious lie old memories that block our view of the Infinite Mind and Heart. Jovin invites each participant to look within their own psyche and re-imagine what is possible. Fill your Heart with love, clear your Infinite Mind and bring your Memories to the light. Let Jovin guide you through these pathways, giving you tools to lead an extraordinary life.